

WELLNESS THAT WORKS

TRANSFORM & THRIVE



TOTAL LIFE CHANGES®

A TRUSTED BRAND FOR 20+ YEARS

PROVIDING PRODUCTS YOU'LL LOVE & A COMMUNITY YOU'LL FEEL



TOTAL LIFE CHANGES®



TOTAL LIFE CHANGES®

NUTRABURST®



IT'S MORE THAN A MULTIVITAMIN... IT'S LIQUID GOLD
TLC'S FIRST PRODUCT LAUNCHED IN 1999



TOTAL LIFE CHANGES®

EXCELLENT SOURCE OF VITAMINS A, C, D, AND E*

KEY TO MAINTAINING
HEALTHY SKIN, BONES,
VISION, AND DIGESTION*

RICH SOURCE OF 8 B VITAMINS*

ESSENTIAL FOR
SUSTAINING HEALTHY
ENERGY LEVELS*



SUPPORTS OVERALL HEALTH*

AIDED BY SELENIUM,
CHROMIUM, AND
COLLAGEN PEPTIDES*



TOTAL LIFE CHANGES®

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Not intended for use by children. If you are pregnant, nursing, or taking medications, consult your physician prior to use.

SUCCESS STORIES

FREDA HUGHES

"I love NutraBurst®. It gives me the vitamins I need, and it gives me that push I need first thing in the morning. I start my day with this product. It makes me feel good and gives me energy."*



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SUCCESS STORIES



BRENDEEN SPENCER

"I feel this when I get it in my system. I feel stronger, better, and more capable of taking on the day."*



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IASO® ORIGINAL BREW TEA



HELPING PEOPLE LOSE WEIGHT & FEEL GREAT SINCE 2008
OVER 230 MILLION PACKS SOLD WORLDWIDE



TOTAL LIFE CHANGES®

IASO® INSTANT TEA



SMALLER PACKAGE, SAME TRANSFORMATIVE BENEFITS
DELICIOUS FruiTEA FLAVORS



TOTAL LIFE CHANGES®

AIDS WEIGHT MANAGEMENT*

PROMOTES SATIETY,
HELPING YOU CONTROL
YOUR APPETITE*

SUPPORTS GUT HEALTH*

STRENGTHENS DIGESTIVE
WELLNESS AND REDUCES
BLOATING*



PROMOTES A GENTLE CLEANSE*

STIMULATES BOWEL
MOVEMENTS AND
IMPROVES REGULARITY*

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*A typical user of laso® Tea may lose 5 pounds in no less than two weeks. Individual results not guaranteed and may vary from person to person. When used in combination with a low calorie, balanced diet, and regular physical activity, this product may aid in healthy weight management. Consult your healthcare professional about your unique medical needs or before consuming any dietary supplement.



TOTAL LIFE CHANGES®

SUCCESS STORIES

SANDRA RAMOS

“I love all the Iaso® Teas, but the original instant tea has made a huge difference for me ... It helps me every day. I drink it every single night. I wake up feeling great and use the bathroom first thing in the morning the next day. The fiber in this specific product makes a big difference for me.”

Sandra lost 24 lbs in 3 months.* She consumed the tea, worked out six days a week, and followed a balanced meal plan.



TOTAL LIFE CHANGES®

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SUCCESS STORIES



DETHZELLY SAMANIEGO

“I love the flavor and how effective it is, whether you drink it hot or cold. I love how easy it is to prepare.”

Dethzelly lost 20 lbs in 30 days.* She consumed the tea, cut out soda and sweets, and drank more water. She ate more salads and high protein foods and stopped eating late at night.



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NRG



ELEVATE YOUR ENERGY SHARPEN YOUR FOCUS



TOTAL LIFE CHANGES®

**ELEVATES YOUR
ENERGY WITHOUT
JITTERS OR CRASHES***

**CONTAINS LONG-LASTING
STIMULANTS TO KEEP YOU
ENERGIZED***

**AIDS WEIGHT
MANAGEMENT***

**HELPS YOUR BODY BURN
FAT THROUGH
THERMOGENESIS***

**IMPROVES YOUR
FOCUS AND
MENTAL CLARITY***

**PROMOTES COGNITIVE
PERFORMANCE, ALERTNESS,
AND WELL-BEING***



TOTAL LIFE CHANGES®

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SUCCESS STORIES



MONICA HOUSLEY

“NRG energizes me. It keeps me happy and going throughout the day.”*



TOTAL LIFE CHANGES®

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DELGADA INSTANT COFFEE



**RICH. BOLD. DELICIOUS.
TOP SELLER OF 2024**



TOTAL LIFE CHANGES®

AIDS WEIGHT MANAGEMENT*

**SUPERCHARGES FAT BURNING;
REDUCES FAT PRODUCTION
AND ABSORPTION***

SUPPRESSES YOUR APPETITE*

**CURBS FOOD CRAVINGS FOR
MORE EFFECTIVE WEIGHT LOSS***



KEEPS YOU ALERT AND AWAKE*

**CONTAINS NATURAL
CAFFEINE, PROVIDING
LASTING ENERGY
AND FOCUS***



TOTAL LIFE CHANGES®

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SUCCESS STORIES



PAOLA PICHARDO

“Delgada helps me in so many ways! It has helped reduce my cravings. I look and feel slimmer, and it’s very convenient.”

Delgada contributed to Paola’s three-year weight-loss journey, during which she also prioritized exercise and developed healthier eating habits. She lost about 70 pounds total.



TOTAL LIFE CHANGES®

*A typical user of Delgada Instant Coffee may lose 5 pounds in no less than two weeks. Individual results not guaranteed and may vary from person to person. When used in combination with a low-calorie, balanced diet and regular physical activity, this product may aid in healthy weight management. Consult your healthcare professional about your unique medical needs or before consuming any dietary supplement.

MY TLC HEALTH JOURNEY



TOTAL LIFE CHANGES®

PUT THE PRODUCTS TO THE TEST

TRY A WEEK'S SUPPLY



OR



\$25

COMMIT TO A MONTH



OR



\$60+

EXPERIENCE SYNERGY
WITH A KIT

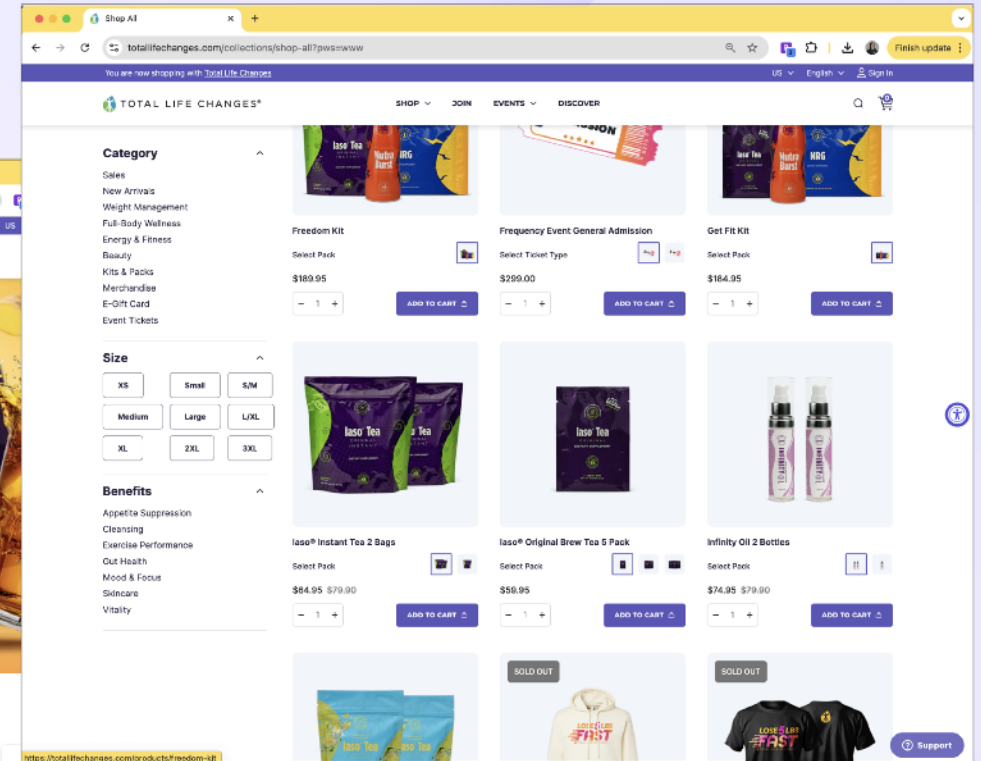
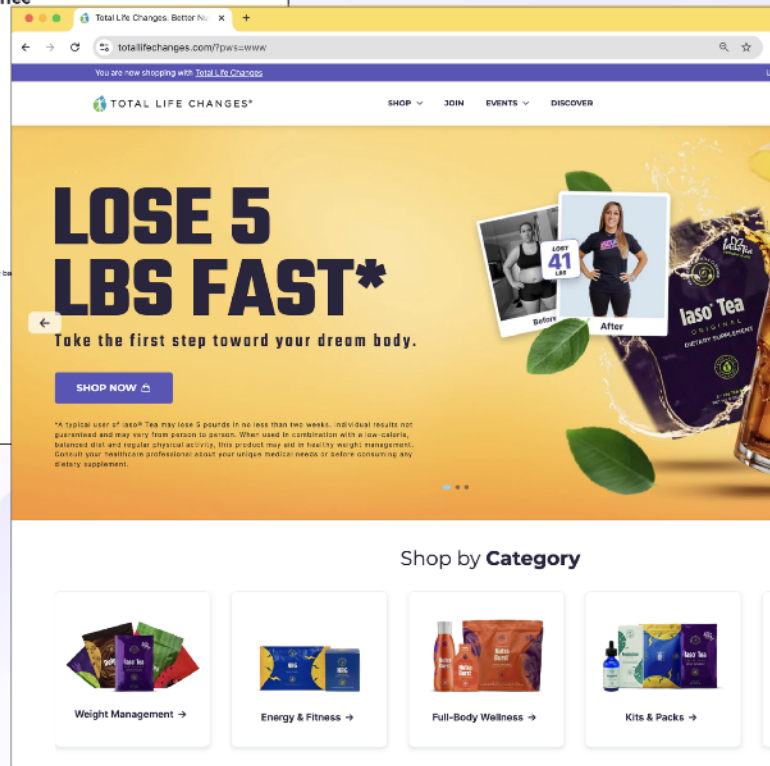
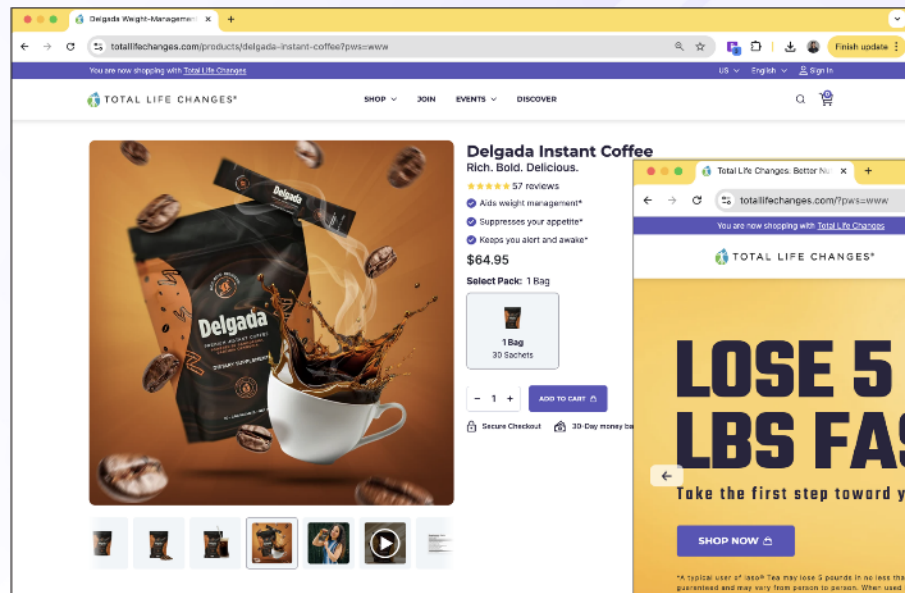


\$185+



TOTAL LIFE CHANGES®

FAST, SMOOTH, SIMPLE SHOPPING EXPERIENCE



TOTAL LIFE CHANGES®

A large, light green circular watermark logo for 'TOTAL LIFE CHANGES' is centered in the background. It features a stylized mountain peak and a sunburst design in the center. The words 'TOTAL' and 'LIFE' are at the top, and 'CHANGES' is at the bottom, separated by dots.

**CONNECT WITH THE PERSON
WHO INVITED YOU!**



TOTAL LIFE CHANGES®



10-MINUTE BREAK

FROM HEALTH TO HUSTLE

OWN YOUR FUTURE WITH TLC



TOTAL LIFE CHANGES®

Founder Jack Fallon
begins selling products
from his basement.



Total Life Changes
becomes an official
company!



TLC releases a
game-changing
weight-loss tea.



Offices open in
Latin America.



TLC celebrates its
20th anniversary!



TOTAL LIFE CHANGES®



TOTAL LIFE CHANGES®

MEET THE HQ LEADERSHIP TEAM!



Jack Fallon
Chief Visionary Officer



John Licari
Chief Operating Officer



Scott Bania
Chief Communications Officer



Rosa Gonzalez
Director of International Relations



Evan Brengman
Director of Global Supply Chain



Ileana Simplicean
General Counsel



Natalie Paramo
Director of Customer
and User Experience



Lucy Sandoval
Director of Latin
American Operations



Carl Brown
Director of Human Resources

TWO BOOMING INDUSTRIES

1. HEALTH & WELLNESS

\$6.3 TRILLION GLOBAL INDUSTRY

**\$100 BILLION GROWTH RATE EXPECTED
FOR DIETARY SUPPLEMENTS**

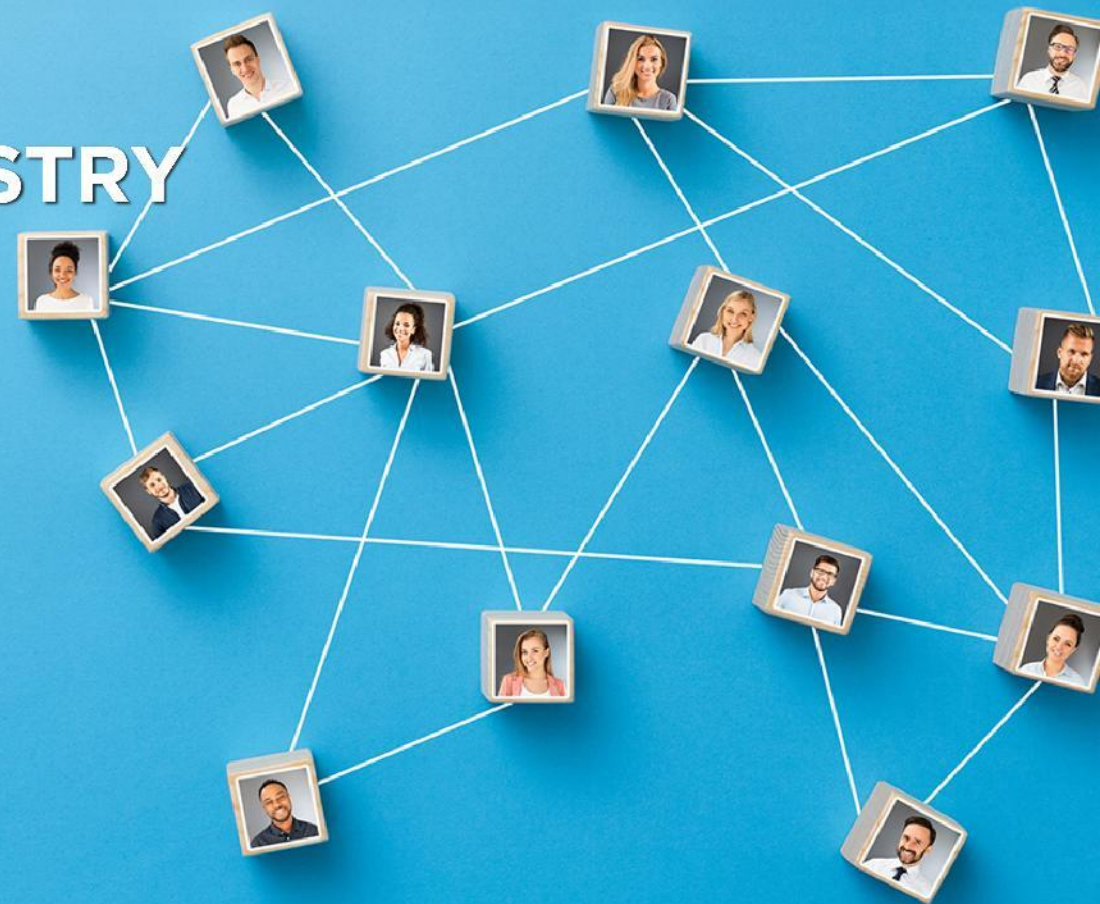


TWO BOOMING INDUSTRIES

2. NETWORK MARKETING

\$200 BILLION GLOBAL INDUSTRY

BUILT ON RELATIONSHIPS,
TEAM-BUILDING, PERSONAL
DEVELOPMENT, AND A FUN
COMMUNITY EXPERIENCE



A large, light purple watermark of the Total Life Changes logo is centered in the background. The logo consists of two concentric circles. The top circle contains the words "TOTAL" and "LIFE" separated by a dot. The bottom circle contains the word "CHANGES" with a registered trademark symbol. In the center of the circles is a stylized mountain peak with a sun or moon rising behind it.

MY TLC SUCCESS STORY

ANGES

LIFE CHANGER

**AN INDEPENDENT
REPRESENTATIVE OF TLC**

**WE PROVIDE THE PRODUCTS
AND THE TOOLS. YOU BUILD
YOUR BUSINESS YOUR WAY.**



TOTAL LIFE CHANGES®



- **CUSTOM WEBSITE**
- **PROFESSIONAL DASHBOARD FOR REAL-TIME BUSINESS TRACKING**
- **TRAINING LIBRARY AND RESOURCES**
- **24/7 CUSTOMER SUPPORT**
- **DROP SHIPPING**
- **GENEROUS COMPENSATION PLAN WITH SIX WAYS TO EARN**

ENTREPRENEURSHIP AT YOUR FINGERTIPS

THE THREE PILLARS OF NETWORK MARKETING

SAMPLING

SELLING

RECRUITING



LET'S TALK MONEY

SIX WAYS TO EARN

50% COMMISSIONS*

BONUS OPPORTUNITIES

DAILY PAY**



*Of the US Life Changers who earned compensation in 2023, the average annual earnings of those LCs, before expenses, were \$966.44. Fifty percent (50%) of the LCs who earned compensation made more than \$84.00, while the other half made less. See full Income Disclosure Statement here: <https://totallifechanges.com/pages/income-disclosure-statement>.

**Available for U.S. residents only.



TOTAL LIFE CHANGES®



SELL OR SHARE

- **SPARK INTEREST WITH FREE SAMPLES.**
- **SELL SMALLER PACKS FOR \$25 EACH.**
- **SHARE SAMPLES ON THE GO.**
- **SEND TEXTS, USE SOCIAL MEDIA, OR HOST EVENTS.**
- **FOLLOW UP TO MAKE BIGGER OFFERS AND ASK FOR REFERRALS!**



SELL ONE PRODUCT → EARN \$20*



PREFERRED CUSTOMER

Anyone who purchases products through your website.



Earn 50% commissions on each product's volume.



Offer automatic shipping and extra savings with SmartShip.



TOTAL LIFE CHANGES®

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RECRUIT ONE PERSON → EARN \$20 OR MORE*



Build relationships,
follow up, and know
your customers' needs.



Earn a bonus from
new Life Changers'
first orders.



Sponsor TWO Life
Changers to earn
from your team's
activity.



TOTAL LIFE CHANGES®

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QUICK MATH

SELL **1** PRODUCT.....\$20

SELL **20** PRODUCTS.....\$400

SPONSOR **1** LIFE CHANGER.....\$20
WITH A 40 QV PRODUCT

SPONSOR **2** LIFE CHANGERS.....\$40
WITH A 40 QV PRODUCT

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REPEAT, REPEAT, REPEAT!



DUPLICATE YOUR ACTIVITY, DOUBLE YOUR EARNINGS*



TOTAL LIFE CHANGES®

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SEND 5 TEXTS A DAY

SAMPLE 5 PRODUCTS A DAY

**CONNECT WITH
5 PEOPLE A DAY**



**"DO YOU KNOW ANYONE LOOKING TO
LOSE 5 LBS FAST?"***



**IF THEY SAY YES,
TAKE THE ORDER!**



**IF THEY SAY NO,
LEAVE THE DOOR OPEN
FOR REFERRALS!**

**SAMPLE 5
PRODUCTS A DAY**



TOTAL LIFE CHANGES®

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Complete the Information

Name: _____

Life Changer ID: _____ Date: __/__/__

Mobile #: _____

Sponsor Email: _____



How to Complete

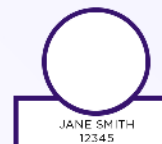
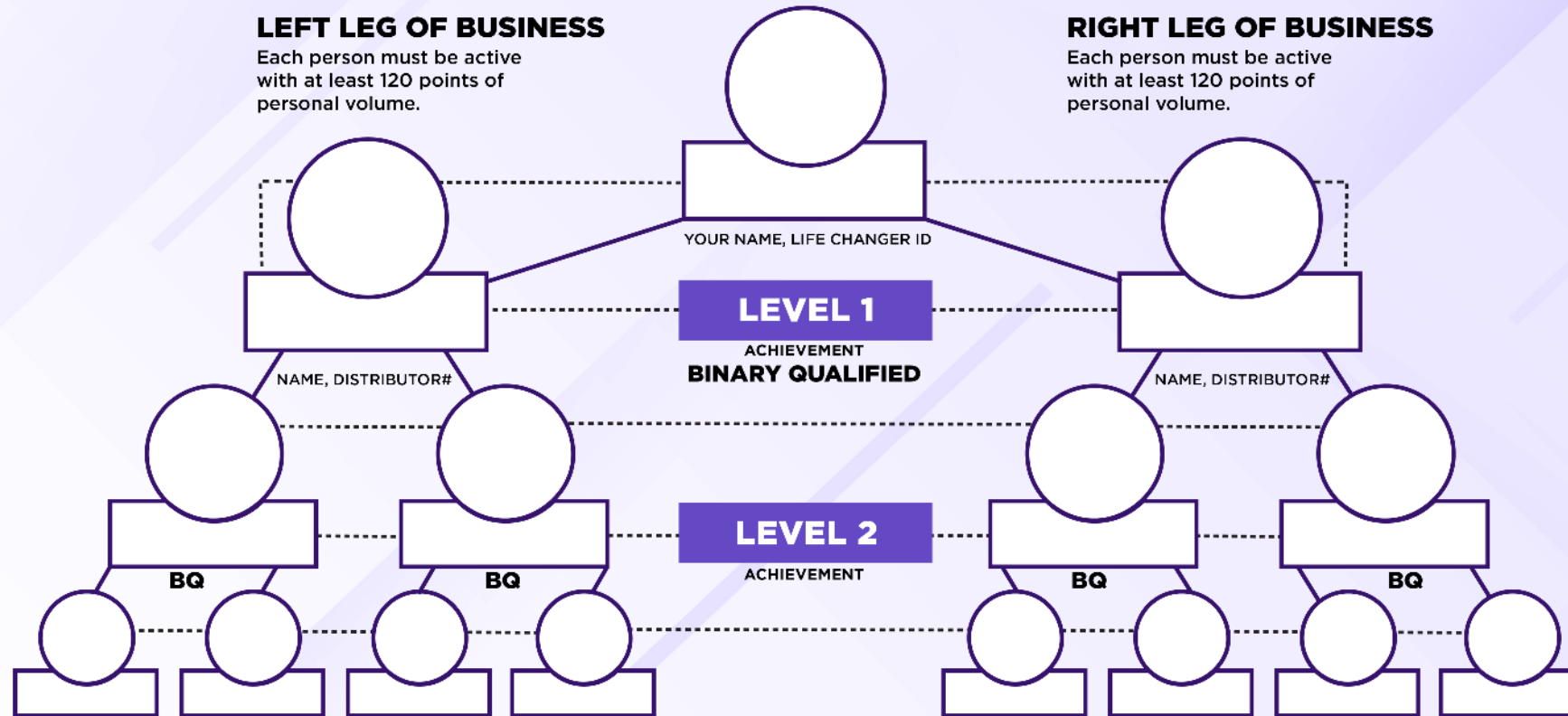
1. Enter the name and Life Changer ID of your personally sponsored LC on your left and right leg of business.
2. Save the document as a PDF and email it to your sponsor after you are binary qualified.
3. Continue to work with your personally sponsored LCs on Level 1 and help them become binary qualified (your Level 2). Enter in the name and Life Changer ID numbers to complete Level 2.

LEFT LEG OF BUSINESS

Each person must be active with at least 120 points of personal volume.

RIGHT LEG OF BUSINESS

Each person must be active with at least 120 points of personal volume.



EXAMPLE:
ENTER THEIR NAME
& LIFE CHANGER ID



TOTAL LIFE CHANGES®

POWER OF BINARY WEALTH BUILDER: 120 CLUB

Week	# of Distributors Per Team	Pay Team Volume (Lesser Volume Side)	Builder Team Volume (Greater Volume Side)	Rank Achieved	Pay Leg %
1	1	1 = 120v	1 = 120v	Associate	10%
2	3	3 = 360v	3 = 360v	Associate	10%
3	7	7 = 840v	7 = 840v	Apprentice	10%
4	15	15 = 1,800v	15 = 1,800v	Director	12%
5	31	31 = 3,720v	31 = 3,720v	Rising Star	12%
6	63	63 = 7,560v	63 = 7,560v	Executive Director	14%
7	127	127 = 15, 240v	127 = 15, 240v	Regional Director	17%
8	255	255 = 30,600v	255 = 30,600v	National	20%
9	511	511 = 61, 320v	511 = 61, 320v	Global	20%
10	1023	1023 = 122,760v	1023 = 122,760v	Ambassador	20%
11	2047	2047 = 245,640v	2047 = 245,640v	Ambassador	20%
12	4095	4095 = 491,400v	4095 = 491,400v	Exec. Ambassador	20%
13	8191	8191 = 982,920v	8191 = 982,920v	Grand Ambassador	25%
14	16382	16382 = 1,965,840v	16382 = 1,965,840v	Elite Ambassador	30%

Please note that this chart does not include retail bonuses, the Life Changer First Order Bonus, matching pay, or the Life Changer Leadership Bonus.



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BUNDLES THAT FIT YOUR BUDGET

START WITH ONE



\$60+

3-PRODUCT PACKS



\$185+

GO BIG WITH MORE INVENTORY



\$245+

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**CONNECT WITH THE PERSON
WHO INVITED YOU!**



TOTAL LIFE CHANGES®